



# MARCH



Join us on Saturday, March 3rd from 4pm-7pm with the **WIBIT** and **FLOATIES!**

## Fitness Specialty Classes


### TRX TRAINING

Tuesday Mornings March 6th-March 27th  
8:00am-8:30am

Thursday Mornings March 8th-March 29th  
6:00am-6:30am

Saturday Morning March 3rd  
7:00am-7:30am (single class session)

### CORE DE FORCE

Wednesday Evenings 

March 7th-March 28th 5:05pm-5:50pm

### IRON FIT

Tuesday Mornings March 6th-March 27th  
5:30am-6:15am

Wednesday Evenings March 7th-March 28th 6:00pm-6:45pm

Thursday Evenings March 8th-March 29th  
6:00pm-6:45pm




Saturday Morning March 3rd  
6:15am-7:00am (single class session)

### STRENGTHEN & LENGTHEN

Sunday Evenings March 18th-April 15th  
5:45pm-6:45pm (No class April 1st)

### ZUMBA GOLD (FREE)

Saturday March 17th   
10:30am-11:15am

## Yoga Workshops

### RESTORATIVE YIN YOGA PRACTICE



Sunday March 11th 1-2:30pm

We will be closed Sunday April 1st for Easter Sunday. Enjoy the day with Family & Friends. Normal Hours will resume on Monday April 2nd.



## Aquatics Specialty Classes

### LIFEGUARDING

March 26th 8:00am-1:00pm and March 27th- March 30th 9:00am-1:00pm

## Spring Swimming Lessons



\*Platinum Members: Tuesday February 27th  
Basic Members: Tuesday March 6th  
Non-Members: Tuesday March 13th

First day of Spring lessons will be Monday April 2nd

\*Platinum Members: you must register in person during the week of February 27th-March 6th.

## No School Hours

### Friday March 9th

Tot Time: 9:00am-11:00am  
Rec Pool: 12:00pm-9:00pm  
Open Swim: 12:00pm-9:00pm  
Slide: 12:00pm-6:40pm  
Gym: 5:30am-3:00pm (4 courts)



## SPRING BREAK!

Monday March 26th-  
Friday March 30th



It is time to Spring Ahead! Don't forget to set your clocks 1 hour ahead on Sunday March 11th!

\*For other schedules & more information please visit <http://www.safariislandcommunitycenter.com>