

Summer Rotations

Date	Day	Class	Time	Instructor
5/27/2023	Saturday	Rise & Grind	8am	Sarah
6/3/2023	Saturday	Rise & Grind	7:15am	Allyson
6/10/2023	Saturday	Rise & Grind	7:15am	Jill
6/17/2023	Saturday	Rise & Grind	7:15am	Allyson
6/24/2023	Saturday	Rise & Grind	7:15am	Mash Up ?
7/1/2023	Saturday	Rise & Grind	7:15am	
7/8/2023	Saturday	Rise & Grind	7:15am	
7/15/2023	Saturday	Rise & Grind	7:15am	Kristi T.
7/22/2023	Saturday	Rise & Grind	7:15am	
7/29/2023	Saturday	Rise & Grind	7:15am	
8/5/2023	Saturday	Rise & Grind	7:15am	
8/12/2023	Saturday	Rise & Grind	7:15am	
8/19/2023	Saturday	Rise & Grind	7:15am	
8/26/2023	Saturday	Rise & Grind	7:15am	
9/2/2023	Saturday	Rise & Grind	7:15am	