

September Rotations

Date	Day	Class	Time	Instructor
9/2/2023	Saturday	Rise & Grind	7:15am	Tonja - Cycle & Stretch
9/9/2023	Saturday	Rise & Grind	8am	Allyson
9/16/2023	Saturday	Rise & Grind	8am	Leanne
9/23/2023	Saturday	Rise & Grind	8am	Kristi T.
9/30/2023	Saturday	Rise & Grind	8am	Kristi T.